

PEGASUS INSTITUTE

ANNUAL GENERAL REPORT

2020 - 2021

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GREETINGS FROM OUR BOARD PRESIDENT



Today, as we pass our first birthday, I reflect on how much we have grown over the last year and think about the wonderful things we are ready to do in our second year of life.

We are blessed with good genetics, our parents being our strong Board and Advisory Board, with expertise as leaders in academia, running global health offices, NGOs in all our focal areas, PEace, Global health And SUSTainability. More important than genetics is our Boards' diverse backgrounds in profession, age and expertise to guide us and their parenting style reflected in our values, sharing different perspectives, always engaged, with collaborative approaches and active listening.

As infants, we have spent the last year finding out who we are, with, for some, boring envisioning exercises, experiencing sometimes, though few, painful falls, necessary for our development as we begin exploring the world. We have been fed on a diet of webinars and roundtables in our first year, with topics ranging from migration, climate change, Indigenous perspectives, racism and injustice, environmental toxins and health, all great food for thought and we are thankful to all of our unpaid participants who shared their knowledge and perspectives for the greater good.

Now as a toddler just learning to walk, we know who we are: "global health at its nexus with peace and sustainability" and we are beginning our educational work. We are indeed precocious, speaking three languages, English, French and Spanish; but we may face some challenges as we grow; we are not yet fully toilet trained, and soon will be outgrowing our diapers. Nevertheless, I see a promising future with studentships, mentorship exercises, a Summer Institute, and much networking development.

Whether we can fulfill our promise will require hard work from our Board and Advisory Board members, together with our student network and volunteers, to develop our social media, organize webinars and roundtables, assist in partnerships with universities and NGOs, in and out of Canada, while remaining consistent with our themes and values.

Challenges will occur as we move out of our cute baby phase and must rely on more than our charm. These include ensuring sufficient financial and human resources, developing our charitable status and moving on a sustainable path to financial security. It is my fervent hope and conviction that in my next report we won't have reached the terrible twos where our favourite word is no, but that we will be continuing to explore the world, smiling most of the time and definitely learning and living a fulfilling life for each other and sharing with the world.

With grace and gratitude, looking forward to our continued growth,

A handwritten signature in cursive script that reads "Neil Arya".

Dr. Neil Arya

Founding Board President
PEGASUS Institute

PEGASUS INSTITUTE BOARD OF DIRECTORS



Dr. Neil Arya
President



Gertrude Omoro
Secretary/ Treasurer



Charles Larson Palmer



Dorothy Larkman



Erika Richter



Vinay Jindal



**Alexandra Giorgis-
Audrain**



Sanket Ullal

PEGASUS INSTITUTE STAFF MEMBERS



Melissa Whaling
Executive Director



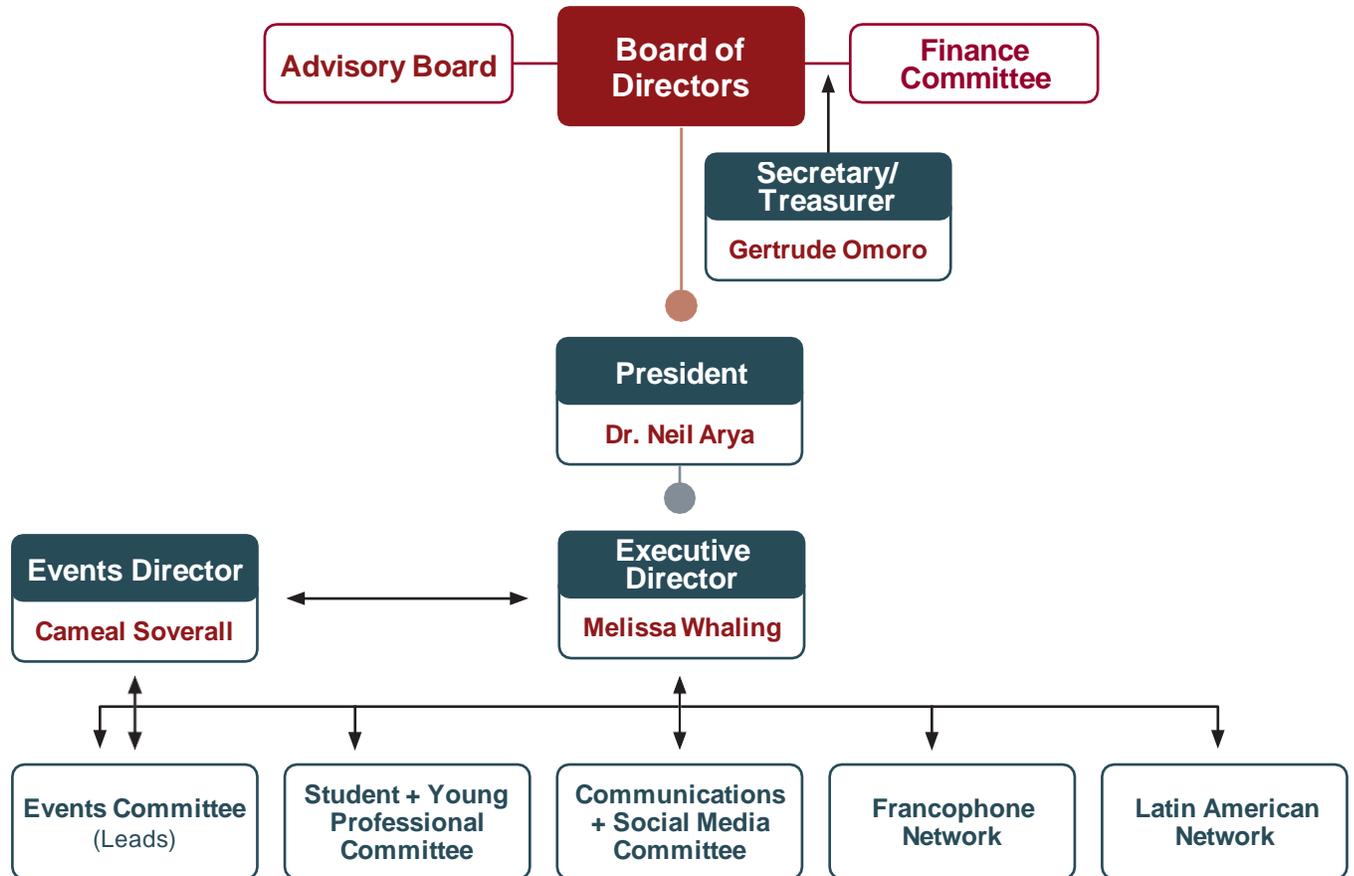
Cameal Overall
Events Manager

SPECIAL THANKS TO OUR ADVISORY BOARD

- Janet Hatcher
- Janis Alton
- Roberts
- Richard Denton
- Donald Sutherland
- Michelle Amri
- Mary Louise McAllister
- Shawna O'Hearn
- Michael Clarke
- Simron Singh
- Chloe Eward
- Yipeng Ge

...and our many volunteers!

ORGANIZATIONAL STRUCTURE



OUR VISION

A world where peaceful interaction provides for sustainable global health

OUR MISSION

To promote equity, justice, and global health in its nexus with peace and environmental sustainability through interactive for a to share research, education, field experiences, advocacy and policy

WE VALUE

EQUITY & DIVERSITY

We are committed to transforming society into one that encourages, supports, and celebrates diverse voices. We strive to build an inclusive community unified in our shared commitment to social responsibility.

CRITICAL THINKING

We strive to tackle difficult truths, ask tough questions, and challenge alternatives in a safe space by having an open mindset, actively listening and embracing shared learning when tackling current and pressing issues.

TANGIBLE SOLUTIONS

We facilitate the sharing of insights and cultivate development of strategies to promote innovations relevant to each local context.

COMPASSION

As stewards of life on this planet, we seek to demonstrate compassion for all life through promotion of sustainable approaches for our ecosystem. Understanding the causes and being aware of the suffering of life and land, we promote informed actions to alleviate these.

ENGAGEMENT

We strive to engage in dialogue with colleagues, partners, and a wide variety of informed voices from around the globe in everything we do. We aim to work in a collaborative manner to enable empowerment and prioritize local voices in developing local solutions.

RESPECT

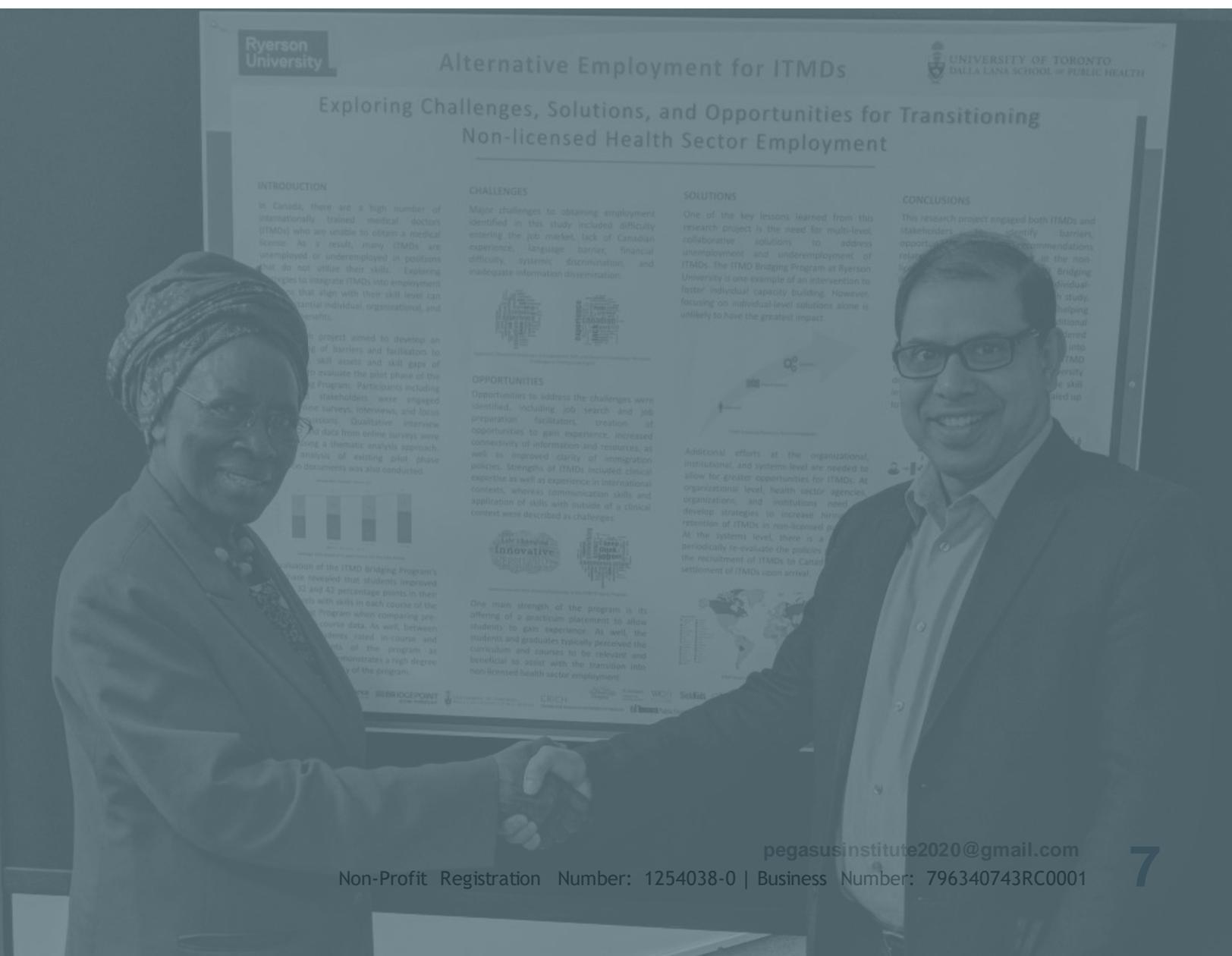
Within Pegasus Institute the value of respect is expressed as taking the time to look and listen actively, to ensure support is given to all life. Support improved and more sustainable health and wellness outcomes for all people and communities by addressing inequalities, discriminatory practices and unjust power relations that impede global health. Seek health and wellness outcomes for all people and communities with protection for the vulnerable, equity for the disadvantaged, and justice for those whose rights are violated.

CORE ACTIVITIES

Core activities of PEGASUS Institute include

Interactive Events, Educational Activities, Publication of Information, Research, Policy and supporting Advocacy.

Over the past year, we have engaged experienced professionals, academics, students and young professionals as well as those with lived experience in our work. We continue to work with our colleagues and committees to provide platforms that allow multiple perspectives and safe spaces, approaching realities with an open mindset, actively listening and embracing shared learning to grow individually and collectively.



ACHIEVEMENTS + ACTIVITIES (2020-2021)

1. Development of PEGASUS Institute Organizational Structure and Member Engagement

Over the past year, PEGASUS Institute has engaged a highly skilled, diverse, interdisciplinary team of governing members, staff and volunteers who work directly with PEGASUS Institute. This innovative and passionate group of individuals work within various Committees that operate in order to maintain, develop and grow our many initiatives and activities. These amazing folks come from diverse backgrounds and bring diverse levels and types of expertise.

2. Development of Student and Young Professionals Network (SYP)

This year, one of our youngest Board Members, Alexandra Giogis-Audrain, has taken the lead with help from other Volunteers to develop the PEGASUS Institute Student and Young Professionals Network (SYP). PEGASUS Institute's SYP Network engages young folks in PEGASUS Institute activities, mentorship opportunities and other global health activities, especially relating to peace and environmental sustainability. SYP members are provided with various opportunities to interact with the organization to participate in meetings and organizational development; learn new concepts and skills; and keep up to date in the field of global health while contributing their own skills and knowledge (in a mutually benefiting relationship). We have also started to develop an official mentorship program in which SYPs are paired with those of a more senior level of experience within the fields they are interested in and work together to learn, develop and grow.

8

Directors
(Board)

+

2

Staff Members

+

11

Advisory
Members

+

6

Event Leads

+

19

Social Media
& SYP

+

6

Francophone
Network

+

20

Latin American
Network

72

people directly
involved
(70 volunteers)

3. Development of Francophone and Latin American Networks

In addition to our English-speaking side of PEGASUS Institute, we have also expanded our linguistic and therefore local and global reach by developing Francophone and Latin American (Spanish) Networks. In developing these networks, we have engaged experts and those with lived experience from 12 countries: DRC, Rwanda, Guatemala, Honduras, Colombia, Ecuador, Peru, Chile, the Canary Islands, El Salvador, Canada and the US.

4. Development of Organizational Policies and Procedures

In order to establish a solid foundational base, we have developed initial organizational policies, by-laws and have set up financial, decision-making and other procedural processes.

5. Creation of PEGASUS Institute Digital Platform-

This year we have launched our information sharing digital platforms including the PEGASUS Institute website and social media platforms (Facebook, Twitter, Instagram, YouTube channel, and recently LinkedIn and TikTok). We have engaged a Communications and Social Media committee who are currently developing a social media plan to share global health, peace and sustainability content and engage with the public. Our website has components in French and we will soon be developing components in Spanish also.

6. 13 Webinar and Roundtable Events

This year, PEGASUS Institute facilitated and hosted 13 Webinars and Roundtables, in 3 languages (English, French and Spanish) through our PEGASUS Institute Virtual Event Series on topics such as environmental racism; policing, violence, mental health, and racialized populations; Health of Racialized Individuals, Justice and Environmental Toxins, Environmental Sustainability and Climate Change; Migration

and Refugees; Pandemics, COVID-19 and Vaccine Equity. Whilst engaging participants in our live events, we also recorded all of the events and the video recordings are available on the PEGASUS Institute website and YouTube channel.

7. Strategic Planning

PEGASUS Institute engaged members, volunteers and friends of the organization in a thorough strategic planning process. Five strategic planning sessions were facilitated and the organizational vision, mission, values, strategic directions and activities were solidified. From this our with PEGASUS Institute 2020-2023 Strategic plan was developed.

8. Research Projects

Following 2 PEGASUS Institute Virtual Event Series roundtables, two research projects were developed as roundtable participants identified specific needs and interests in transforming discussion into action. The two research projects that have been planned, developed and soon to be implemented include:

- Differences in Worldviews Between Indigenous Led Policing and Non-Indigenous Policing that Impact Frontline Police Behaviour, Violence and Outcomes
 - » To explore the differences in perceptions and worldviews of Indigenous- Led policing and non-Indigenous Policing to reveal a more comprehensive picture of best practices, challenges and ways forward in policing, establishing equitable public health safety outcomes for all.
- Environmental Toxins: Justice and Equity
 - » To establish a nexus of research, policy, education and action to address environmental toxin injustice for Canadian and International communities, with a focus on racialized and Indigenous populations.

9. Developed Virtual Training Workshop Partnership

PEGASUS Institute has developed a partnership with Frontline, a UK social work charity, to provide training workshops on working with diverse populations, anti-racism, decolonizing approaches and cultural competency. The workshops will be hosted through the PEGASUS Institute platform and will be facilitated by qualified members in 2022.

10. Development of Experiential Learning Opportunities

PEGASUS Institute has developed and provides opportunities to directly engage students and young professionals in Experiential Learning Opportunities (ELOs) through various academic studentships, work study programs and practicums. ELOs through PEGASUS Institute allow participants to apply their relevant skills, knowledge, and values in a real-world context in Global Health and its nexus with Peace and Environmental Sustainability and play a critical role in addressing current and future global health challenges. In 2021, PEGASUS Institute has been working with Mitacs, the University of Ottawa, Western University, McGill University and McMaster University to develop ELOs for students and young professionals (undergraduate and graduate).

WHAT DOES PEGASUS INSTITUTE MEAN TO YOU?



The people that are at the core of PEGASUS Institute believe in giving a space to new ideas, concepts and actions that allow us to form a nexus for action around global health governance and sustainable development. Working together brings energy of thought and Influence over time. Mentoring for the future is so essential and this, too, is a key element of PEGASUS Institute and my commitment to the future.

Janet Hatcher Roberts (Advisory Board Member)

From my perspective having practiced Family Medicine in Canada and International Medical work via WHO, NGO's and national governments for populations in Africa, Asia and Latin America, I realized that the health of populations depend on many other factors such as peace, economic sustainability, and the health of the environment. These are exactly the disciplines that the PEGASUS Institute brings together and thus my sincere support for their work.

Don Sutherland (Advisory Board Member)

For the opportunity to share ideas with like-minded people, be included and inspired by them. For the unique team that revives my belief in human goodness and the power of compassion.

**Mona Negotia
(Event Lead Global Health International)**

I was attracted to the Pegasus Institute as it offers an opportunity to connect and learn from a diverse spectrum of Canadians working on the interface of health, peace, and sustainability. Being a member of the Pegasus Institute fills a desire to be meaningfully engaged in efforts to better inform practitioners, locally and globally, about issues related to equity, justice, and human rights.

Charles Palmer Larson (Board Member)

LOOKING FORWARD TO 2022

As PEGASUS Institute has established a solid foundation in 2021 and has accomplished so much in terms of engaging members, volunteers and partners as well as in creating conversations, knowledge sharing and knowledge translation, we have much to look forward to in 2022. As an institute, we look forward to gaining charitable status and to following through with our various plans for revenue generation and sustainable financing for our planned activities and initiatives. We look forward to developing strong ties with donors and granting organizations, developing a membership fee structure and we look forward to engaging in a Summer Institute on Peace through Health and Eco Health with McGill University.

In 2022 we will strive to produce tangible outputs such as academic publications, toolkits, community resources, online repositories and share and exchange information through many avenues such as events, our website, social media, newsletters, blog, mentorship programs, books, videos etc. with an aim to create meaningful change.

In terms of activities, we look forward to continuing our Virtual Event Series, engaging students in our Experiential Learning Opportunities, expanding our Francophone and Latin American Networks and activities, implementing our two planned research projects (Environmental Toxins Justice and Equity and Indigenous Policing), and in hosting workshops on working with diverse populations, anti-racism, decolonizing approaches and cultural competency. We are excited to plan, facilitate and participate in mentorship opportunities in which students and young professionals work with experienced professions to exchange ideas, knowledge and skills.

As our digital media reach grows through continual website improvements and updates and through our continued social media engagement. We hope to continue to engage with communities, both locally and internationally, through our various events, research projects and networks.

We will continue to strive to promote equity, justice, and global health in its nexus with peace and environmental sustainability through interactive for a to share research, education, field experiences, advocacy and policy

